



Building healthy  
communities

YMCA of  
Eastern Ontario

## Job Posting

**Group Fitness Instructor**  
**YMCA of Eastern Ontario**  
**Kingston, Ontario**

**Employment Category:** Casual

**Hours:** Flexible work schedule may require early mornings, evenings, and weekends

**Wage Range:** \$18.00 per hour to start

**Start Date:** October 2022

**Work Location:** Multi-Site

### **Our Mission:**

The YMCA in Canada is dedicated to the growth of all persons in spirit, mind, and body, and to their sense of responsibility to each other and to the global community.

### **Our Vision:**

Our values are caring, honesty, respect, responsibility, and inclusiveness. These are central to our mission, guiding our behaviours, attitudes, and actions.

### **Nature & Scope:**

Reporting to the Supervisor of Fitness, the YMCA Group Fitness Instructor is responsible for the providing a variety of group fitness services at various locations operated by the YMCA of Eastern Ontario.

### **Responsibilities:**

- Providing a welcoming and inclusive environment for members and guests
- Ensuring a safe environment for members and guests by routinely checking equipment and keeping areas clean and well maintained
- Ensuring classes start on time
- Following the use of music agreement using YMCA purchased music or approved licensed music as per SOCAN guidelines
- Minimizing class cancellations by finding an alternate YMCA instructor to fill in
- Providing coverage in other locations including other YMCA locations
- All other duties as assigned



**Qualifications:**

- Current Standard First Aid and CPR “C” certifications
- Criminal Reference Check (CPIC) including Vulnerable Sector Check completed not more than 120 days prior to interview, with results acceptable to the YMCA of Eastern Ontario
- Current Group Fitness Instructor Certification in one or more area
- New staff will need to show proof of COVID-19 vaccination or a valid exemption as a condition of their employment

**Competencies:**

- Interpersonal skills
- Initiative
- Safety
- Communication

**Please apply, in writing, with a résumé and cover letter and application form found at [www.eo.ymca.ca](http://www.eo.ymca.ca)**

**Tracy Vallier**

Regional Supervisor of Fitness  
YMCA of Eastern Ontario  
100 Wright Cres. Kingston, On  
K7L 4T9  
613-546-2647 X247  
Email: [tracy.vallier@eo.ymca.ca](mailto:tracy.vallier@eo.ymca.ca)

*We appreciate your interest in a career opportunity with the YMCA of Eastern Ontario. Please note that only those selected for an interview will be contacted. Candidates invited for an interview will be required to submit three professional references.*

*The YMCA of Eastern Ontario is committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance so that we can arrange*



Building healthy  
communities

YMCA of  
Eastern Ontario

*reasonable and appropriate accommodation. The YMCA of Eastern Ontario values the diversity of people and communities and is committed to excellence and inclusion in our Association*

***This position has been posted internally and externally.***