



Job Posting

Personal Trainer

*YMCA of Eastern Ontario
Kingston, Ontario*

Employment Category: Part Time

Hours: Flexible work schedule may require evenings, weekends, early mornings and afternoons

Compensation: \$15.00 per hour for scheduled floor shifts; \$30.00 per hour for Personal Training as assigned.

Placement Date: Immediately

Work Location: Multit-site

Our Mission:

The YMCA in Canada is dedicated to the growth of all persons in spirit, mind and body, and to their sense of responsibility to each other and to the global community.

Our Vision:

Our values are caring, honesty, respect, responsibility, and inclusiveness. These are central to our mission, guiding our behaviors, attitudes, and actions.

Nature & Scope:

Reporting to the Supervisor of Fitness, the YMCA Personal Trainer will provide a welcoming and inclusive atmosphere for members. The Personal Trainer will lead, instruct, and motivate members. Incumbents will lead scheduled orientations with members in which they will instruct them on how to safely and effectively perform exercises.

Responsibilities:

The successful candidate will be responsible for:

- Planning, delivering, and evaluating programs for youth and adults
- Providing and tracking fitness orientations
- Performing regular equipment checks for safety and to ensure they are in good working order
- Providing safe instruction and personal training to members working within the scope of practice
- Encouraging consistent fitness center etiquette among members
- Supporting group fitness, and recreation as required
- All other duties as assigned



Building healthy
communities

YMCA of
Eastern Ontario

Qualifications:

- Current Personal Training Certification
- Criminal Reference Check (CPIC) including Vulnerable Sector Check completed not more than 120 days prior to interview, with results acceptable to the YMCA of Eastern Ontario.
- Current Standard First Aid and CPR C certifications

Competencies:

- *Safety minded*
- *Interpersonal skills*
- *Problem Solving*
- *Initiative*

Please apply, in writing, with a résumé and cover letter and application form found at www.eo.ymca.ca by Tuesday October 11th, 2022.

Tracy Vallier

Regional Supervisor of Fitness
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We appreciate your interest in a career opportunity with the YMCA of Eastern Ontario. Please note that only those selected for an interview will be contacted. Candidates invited for an interview will be required to submit three professional references.

The YMCA of Eastern Ontario is committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance so that we can arrange reasonable and appropriate accommodation. The YMCA of Eastern Ontario values the diversity of people and communities and is committed to excellence and inclusion in our Association.

This position has been posted internally and externally.