



Job Posting

Team Lead, Fitness

Brockville YMCA

Brockville, Ontario

Employment Category: Full Time, Permanent

Hours: Flexible work schedule, including weekends, evenings and early mornings

Compensation: \$35,300 - \$39,300 annually

Benefits and Perks: We offer an array of total rewards to recognize loyalty, longevity, and passion for the work we do, including:

- Paid vacation entitlements that increase with seniority
- Group health and benefits plan
- Generous pension plan with employer matching
- Free YMCA Health & Fitness Membership
- Professional development opportunities
- Employee and Family Assistance Program

Closing Date: Immediately

Our Mission:

The YMCA in Canada is dedicated to the growth of all persons in spirit, mind and body, and to their sense of responsibility to each other and to the global community.

Our Vision:

Our values are caring, honesty, respect, responsibility, and inclusiveness. These are central to our mission, guiding our behaviours, attitudes, and actions.

Nature & Scope:

Reporting to the Regional Supervisor, Fitness the Team Lead is responsible of the implementation and management of the YMCA of Eastern Ontario's fitness programs, and the continued delivery of quality, values-based programming. The incumbent will exhibit a strong ability to provide coaching to staff and model excellent customer service to YMCA members and guests.

Responsibilities:

The successful candidate will:

- Recruit, hire, schedule and train program fitness staff.
- Develop programming, coordinate and deliver fitness instruction in line with the YMCA's Group Fitness and Individual Conditioning standards.



- Provide direct support for frontline reception activities and serve as operational and administrative back up for programs.
- Ensure all fitness staff qualifications and certifications are current and documented in their personnel file.
- Coach and manage performance of fitness staff towards achieving identified goals.
- Monitor time and attendance, ensuring efficient utilization of staff; approve time off requests in conjunction with the Regional Supervisor, Fitness.
- Ensure fitness staff and volunteers comply with YMCA Child Safeguarding Policies and Procedures.
- Assist the Regional Supervisor, Fitness with program planning, scheduling and delivery. Provide input on new programming ideas to add value to the membership experience, while fostering and furthering the mission and strategic plan.
- Other duties as assigned.

Qualifications:

- Criminal Reference Check (CPIC) including Vulnerable Sector Check completed not more than 120 days prior to interview, with results acceptable to the YMCA of Eastern Ontario.
- Post-secondary studies in a fitness and/or health-related area of study or equivalent combination of education and experience.
- Current certifications in either Group Fitness or Personal Training. Willingness to obtain additional certifications.
- Current Standard First Aid and CPR level "C".
- Experience training and supervising staff considered an asset.
- Proficient computer skills including experience with Microsoft Office, Outlook, Teams and OneDrive.
- Valid driver's license and access to vehicle.

Competencies:

- Problem-solving
- Initiative
- Leadership/Supervision
- Communication

All interested candidates should submit a cover letter and resume by the closing date to careers@eo.ymca.ca.

Internal candidates will be given priority consideration.