



Job Posting

Position Personal Trainer

YMCA of Eastern Ontario

Kingston, Ontario

Employment Category: Part Time

Hours: Flexible work schedule may require evenings, weekends, early mornings and afternoons

Compensation: \$14.35 per hour for scheduled floor shifts; \$30.00 per hour for Personal Training as assigned.

Placement Date: Immediately

Our Mission:

The YMCA in Canada is dedicated to the growth of all persons in spirit, mind and body, and to their sense of responsibility to each other and to the global community.

Our Vision:

Our values are caring, honesty, respect, responsibility, and inclusiveness. These are central to our mission, guiding our behaviors, attitudes, and actions.

Nature & Scope:

The YMCA Personal Trainer will maintain a safe and clean facility. Promote safe and effective exercise and fitness etiquette. Provide a welcoming and inclusive atmosphere for members.

Responsibilities:

The successful candidate will be responsible for:

- Planning, delivering, evaluating programs for youth and adults
- Providing and tracking member orientations
- Guiding appropriate behaviors
- Providing safe instruction/personal training to members working within scope of practice
- Monitoring of facility
- Supporting group fitness, recreation, and membership staff as required



Qualifications:

- Current Personal Training Certification
- Criminal Reference Check (CPIC) including Vulnerable Sector Check completed not more than 120 days prior to interview, with results acceptable to the YMCA of Eastern Ontario.
- Current Standard First Aid and CPR C certifications
- New staff will need to show proof of COVID-19 vaccination or a valid exemption as a condition of their employment

Competencies:

- *Safety minded*
- *Interpersonal skills*
- *Problem Solving*
- *Initiative*

Please apply, in writing, with a résumé and cover letter and application form found at www.eo.ymca.ca

Tracy Vallier

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We appreciate your interest in a career opportunity with the YMCA of Eastern Ontario. Please note that only those selected for an interview will be contacted. Candidates invited for an interview will be required to submit three professional references.

The YMCA of Eastern Ontario is committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance so that we can arrange reasonable and appropriate accommodation. The YMCA of Eastern Ontario values the diversity of people and communities and is committed to excellence and inclusion in our Association.

This position has been posted internally and externally.