



Job Posting

Wellness Coach

Ymca of Eastern Ontario

Kingston, Ontario

Employment Category: Part time

Hours: Flexible work schedule may require early mornings, evenings, and weekends

Wage Range: \$14.35 per hour

Placement Date: Immediately

Our Mission:

The YMCA in Canada is dedicated to the growth of all persons in spirit, mind, and body, and to their sense of responsibility to each other and to the global community.

Our Vision:

Our values are caring, honesty, respect, responsibility, and inclusiveness. These are central to our mission, guiding our behaviours, attitudes, and actions.

Nature & Scope:

Reporting to the Team Lead of Adult Health and Fitness, the YMCA Fitness Centre Personal trainer will provide a welcoming and inclusive atmosphere for members

Responsibilities:

- Recording number of members in fitness center
- Providing safe instruction to members working within scope of practice and certifications
- Supporting cleaning staff by keeping equipment and fitness center clean and tidy
- Performing regular equipment checks for safety and to ensure in good working order
- Encouraging consistent fitness center etiquette among members
- Assisting with facility tours and child protection

Qualifications:

- Current Standard First Aid and CPR "C" certifications
- Criminal Reference Check (CPIC) including Vulnerable Sector Check completed not more than 120 days prior to interview, with results acceptable to the YMCA of Eastern Ontario
- New staff will need to show proof of COVID-19 vaccination or a valid exemption as a condition of their employment



Building healthy
communities

YMCA of
Eastern Ontario

Competencies:

- Interpersonal skills
- Initiative
- Safety
- Communication

Please apply, in writing, with a résumé and cover letter and application form found at www.eo.ymca.ca

Tracy Vallier

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We appreciate your interest in a career opportunity with the YMCA of Eastern Ontario. Please note that only those selected for an interview will be contacted. Candidates invited for an interview will be required to submit three professional references.

The YMCA of Eastern Ontario is committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance so that we can arrange reasonable and appropriate accommodation. The YMCA of Eastern Ontario values the diversity of people and communities and is committed to excellence and inclusion in our Association

This position has been posted internally and externally.