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| **Lap Pool Schedule** Effective: **Wednesday May 31, 2023** |   |

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| **Sunday**  | **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  | **Saturday**  |

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| **7-8am** Lane Swim Open Lanes:6  **8:15-9am** Aquafit  **9:15-9:45am** Public SwimOpen Lanes: 4 **10-12:15pm** Swim LessonsOpen Lanes: 2 **12:30-3pm** Public Swim Open Lanes: 3 | **5:45-7am** Lane Swim Open Lanes: 6  **7-8am**Lane Swim & PenguinsOpen Lanes: 5 **8-8:45am**Lane SwimOpen Lanes: 6 **9-9:45am** Aquafit  **10am-1pm** Public SwimOpen Lanes: 4 **5-6pm** Swim Lessons Open Lanes: 1 **6-7:30pm**Swim Lessons | **5:45-8:45am** Lane SwimOpen Lanes:6 **9-9:45am** Aquafit  **10-10:45am** Public Swim Open Lanes: 4  **11-11:45am** Aquafit Open Lanes: 2  **12-12:30pm** Deep Water Running Open Lanes: 2 **12:30-1pm**Public SwimOpen Lanes: 4 **3:30-4pm**Penguins **4-5pm** PenguinsOpen Lanes: 1 **5-6pm** PenguinsOpen Lanes: 1**6-7:30pm**Loyalist Township Lesson RentalOpen Lanes: 2 | **5:45-7am** Lane Swim Open Lanes: 6  **7-8am**Lane Swim & PenguinsOpen Lanes: 5 **8-8:45am**Lane SwimOpen Lanes: 6 **9-9:45am** Aquafit  **10-10:45am** Public SwimOpen Lanes: 4 **11-11:45am**AquafitOpen Lanes: 2 **12-1pm**Lane SwimOpen Lanes: 4 **5-6pm** Swim Lessons Open Lanes: 1 **6-7:30pm**Swim Lessons | **5:45-8:45am** Lane SwimOpen Lanes:6 **9-9:45am** Aquafit - Self DirectedOpen Lanes: 2 **10-10:45am** Public Swim Open Lanes: 4  **11-11:45am** Aquafit Open Lanes: 2  **12-12:30pm** Deep Water Running Open Lanes: 2  **12:30-1pm**Public SwimOpen Lanes: 4**3:30-4pm**Penguins**4-5:45pm** PenguinsOpen Lanes: 1 **5:45-6:30pm**Public SwimOpen Lanes: 2 **6:45-7:30pm** AquafitOpen Lanes: 2 | **5:45-8:45am** Lane Swim Open Lanes: 6  **9-9:45am** Aquafit  **10-1pm** Public SwimOpen Lanes: 4 **5-6:30pm** Public Swim, Penguins & Private LessonsOpen Lanes: 2 | **10am-11am**Swim Lessons**11-12:15pm** Swim LessonsOpen Lanes: 2 **12:30-3pm**Public SwimOpen Lanes: 3 |

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| **Leisure Pool Schedule**Effective: **Wednesday May 31, 2023** |  |

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |

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| **10-12:15pm**Swim Lessons **12:30-3pm**Public Swim | **9:30-12:30pm**Public Swim **3:30-4:45pm**Public Swim **5-7:30pm**Swim Lessons | **9:30-12:30pm**Public Swim **3:30-4:45pm**Public Swim**5-6pm**Loyalist Township & Penguins**6-7:30pm**Public Swim | **9-10am**Public Swim**10-11am**Daycare Swim **11-12:30pm**Public Swim **3:30-4:45pm**Public Swim **5-7:30pm**Swim Lessons | **9:30-10:15am**Healing Waters**10:30-12:30pm**Public Swim **3:30-4:45pm**Public Swim**5-5:45pm**Penguins **6-7:30pm**Public Swim | **9:30-12:30pm**Public Swim **3:30-6:30pm**Public Swim + Private Lessons | **10-12:15pm**Swim Lessons **12:30-3pm**Public Swim |