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| **Lap Pool Schedule**  Effective: **Wednesday May 31, 2023** |  |

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |

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| **7-8am**  Lane Swim  Open Lanes:6    **8:15-9am**  Aquafit    **9:15-9:45am**  Public Swim  Open Lanes: 4    **10-12:15pm**  Swim Lessons  Open Lanes: 2    **12:30-3pm**  Public Swim  Open Lanes: 3 | **5:45-7am**  Lane Swim  Open Lanes: 6    **7-8am**  Lane Swim & Penguins  Open Lanes: 5    **8-8:45am**  Lane Swim  Open Lanes: 6    **9-9:45am**  Aquafit    **10am-1pm**  Public Swim  Open Lanes: 4    **5-6pm**  Swim Lessons  Open Lanes: 1    **6-7:30pm**  Swim Lessons | **5:45-8:45am**  Lane Swim  Open Lanes:6    **9-9:45am**  Aquafit    **10-10:45am**  Public Swim  Open Lanes: 4    **11-11:45am**  Aquafit  Open Lanes: 2    **12-12:30pm**  Deep Water Running  Open Lanes: 2  **12:30-1pm**  Public Swim  Open Lanes: 4    **3:30-4pm**  Penguins    **4-5pm**  Penguins  Open Lanes: 1    **5-6pm**  Penguins  Open Lanes: 1  **6-7:30pm**  Loyalist Township Lesson Rental  Open Lanes: 2 | **5:45-7am**  Lane Swim  Open Lanes: 6    **7-8am**  Lane Swim & Penguins  Open Lanes: 5    **8-8:45am**  Lane Swim  Open Lanes: 6    **9-9:45am**  Aquafit    **10-10:45am**  Public Swim  Open Lanes: 4    **11-11:45am**  Aquafit  Open Lanes: 2    **12-1pm**  Lane Swim  Open Lanes: 4    **5-6pm**  Swim Lessons  Open Lanes: 1    **6-7:30pm**  Swim Lessons | **5:45-8:45am**  Lane Swim  Open Lanes:6    **9-9:45am**  Aquafit - Self Directed  Open Lanes: 2    **10-10:45am**  Public Swim  Open Lanes: 4    **11-11:45am**  Aquafit  Open Lanes: 2    **12-12:30pm**  Deep Water Running  Open Lanes: 2    **12:30-1pm**  Public Swim  Open Lanes: 4  **3:30-4pm**  Penguins    **4-5:45pm**  Penguins  Open Lanes: 1    **5:45-6:30pm**  Public Swim  Open Lanes: 2    **6:45-7:30pm**  Aquafit  Open Lanes: 2 | **5:45-8:45am**  Lane Swim  Open Lanes: 6    **9-9:45am**  Aquafit    **10-1pm**  Public Swim  Open Lanes: 4    **5-6:30pm**  Public Swim, Penguins & Private Lessons  Open Lanes: 2 | **10am-11am**  Swim Lessons  **11-12:15pm**  Swim Lessons  Open Lanes: 2    **12:30-3pm**  Public Swim  Open Lanes: 3 |

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| **Leisure Pool Schedule**  Effective: **Wednesday May 31, 2023** |  |

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |

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| **10-12:15pm**  Swim Lessons    **12:30-3pm**  Public Swim | **9:30-12:30pm**  Public Swim    **3:30-4:45pm**  Public Swim    **5-7:30pm**  Swim Lessons | **9:30-12:30pm**  Public Swim    **3:30-4:45pm**  Public Swim  **5-6pm**  Loyalist Township & Penguins  **6-7:30pm**  Public Swim | **9-10am**  Public Swim  **10-11am**  Daycare Swim    **11-12:30pm**  Public Swim    **3:30-4:45pm**  Public Swim    **5-7:30pm**  Swim Lessons | **9:30-10:15am**  Healing Waters  **10:30-12:30pm**  Public Swim    **3:30-4:45pm**  Public Swim  **5-5:45pm**  Penguins    **6-7:30pm**  Public Swim | **9:30-12:30pm**  Public Swim    **3:30-6:30pm**  Public Swim + Private Lessons | **10-12:15pm**  Swim Lessons    **12:30-3pm**  Public Swim |