

YMCA of Eastern Ontario // Effective: June 15th – June 28th

# Kemptville Pool Schedule



MON	TUES	WED	THU	FRI	SAT	SUN
<b>3:00-4:45pm</b> Public Swim	<b>3:00-4:45pm</b> Public Swim	<b>3:00-4:45pm</b> Public Swim	<b>3:00-4:45pm</b> Public Swim	<b>3:00-4:45pm</b> Public Swim	<b>12:15-1:00pm</b> Adult & Lane Swim	<b>12:15-1:00pm</b> Adult & Lane Swim
<b>5:00-6:00pm</b> Adult & Lane Swim	<b>5:00-6:00pm</b> Adult & Lane Swim	<b>5:00-6:00pm</b> Adult & Lane Swim	<b>5:00-6:00pm</b> Adult & Lane Swim	<b>5:00-6:00pm</b> Adult & Lane Swim	<b>1:15-3:00pm</b> Public Swim	<b>1:15-3:00pm</b> Public Swim
<b>6:15-7:15pm</b> Family Swim	<b>6:15-7:15pm</b> Family Swim	<b>6:15-7:15pm</b> Family Swim	<b>6:15-7:15pm</b> Family Swim	<b>6:15-7:15pm</b> Family Swim	<b>3:15-4:45pm</b> Family Swim	<b>3:15-4:45pm</b> Family Swim
<b>7:15-8:00pm</b> Public Swim	<b>7:15-8:00pm</b> Public Swim	<b>7:15-8:00pm</b> Public Swim	<b>7:15-8:00pm</b> Public Swim	<b>7:15-8:00pm</b> Public Swim		

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- "Open lanes" indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.
- Last Updated: June 7, 2024



SCHEDULES