



**YMCA of  
Eastern Ontario**  
Brockville YMCA

# Prescott Pool Schedule

Effective: August 25<sup>th</sup> – September 1<sup>st</sup> 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am-11:00am Lane Swim	9:00am-11:00am Lane Swim	9:00am-11:00am Lane Swim	9:00am-11:00am Lane Swim	9:00am-11:00am Lane Swim	9:00am-11:00am Lane Swim	10:00am-11:00am Lane Swim
	11:00am- 12:15pm Public Swim	11:00am- 12:15pm Public Swim	11:00am- 12:15pm Public Swim	11:00am- 12:15pm Public Swim	11:00am- 12:15pm Public Swim	11:00-5:00pm Public Swim
11:00-5:00pm Public Swim	12:30-1:15pm Aquafit	12:30-1:15pm Fitness Swim	12:30-1:15pm Aquafit	12:30-1:15pm Fitness Swim	12:30-1:15pm Aquafit	
	1:30 – 5:00pm Public Swim	1:30 – 5:00pm Public Swim	1:30 – 5:00pm Public Swim	1:30 – 5:00pm Public Swim	1:30 – 5:00pm Public Swim	