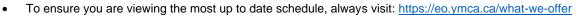
## Gym Schedule



MON	TUES	WED	тни	FRI	SAT	SUN
5:30-8:00am Open Gym  8:00-9:45am Pickleball  10:00-11:00am Yoga  11:00-11:45am Open Gym  12:00-12:45pm Chair Yoga  1:00-4:45pm Open Gym  5:00-7:30pm WHEW (Registered Program)  7:30-8:45pm Open Gym	5:30-8:00am Open Gym  8:00-10:15am Pickleball  10:30-11:15am GTB  11:30am-5:45pm Open Gym  6:00-8:45pm Youth Karate (Registered Program)	5:30-8:00am Open Gym 8:00-9:45am Pickleball 10:00-11:00am Yoga 11:15am-8:45pm Open Gym	5:30-8:00am Open Gym  8:00-10:15am Pickleball  10:30-11:15am GTB  11:30am- 6:00pm Open Gym  6:00-8:45pm Youth Karate (Registered Program)	5:30-8:00am Open Gym 8:00-9:45am Pickleball 10:00-11:00am Yoga 11:00-11:45am Open Gym 12:00-12:45pm Sit Fit 1:00-5:45pm Open Gym	7:00-8:00am UCRO Rental  9:00-10:15am Open Gym  10:30-12:30pm Youth Basketball (Registered Program)  12:45-2:00pm NHL Street (Registered Program)  2:00-2:45 pm Open Gym	7:00am-2:45pm Open Gym



Last Updated: August 23, 2024

