

Lap Pool Schedule



MON	TUES	WED	THU	FRI	SAT	SUN
<p>5:45-7:15am Masters Lanes: 5 Open Lanes: 1</p> <p>7:15-8:15am Lane Swim Open Lanes: 6</p> <p>8:15-8:40am Public Swim Open Lanes: 3</p> <p>8:45-9:30am AquaFit</p> <p>9:45am-12:45pm Public Swim Open Lanes: 4</p> <p>2:45-4:30pm UCRO Lanes: 5 Open Lanes: 1</p> <p>4:30-5:30pm Public Swim UCRO Lanes: 4 Open Lanes: 1</p> <p>5:30-6:30pm Public Swim UCRO Lanes: 3 Open Lanes: 2</p> <p>6:30-8:00pm Public Swim Open Lanes: 3</p>	<p>5:45-7:15am UCRO Lanes: 5 Open Lanes: 1</p> <p>7:15-9:30am Lane Swim Open Lanes: 6</p> <p>9:30-11:40am Public Swim Open Lanes: 3</p> <p>11:45-12:30pm AquaFit</p> <p>2:45-4:45pm UCRO Lanes: 3 Open Lanes: 3</p> <p>5:00-8:00pm Swim Lessons Lane Swim: 1</p>	<p>5:45-7:15am Masters Lanes: 5 Open lanes: 1</p> <p>7:15-8:15am Lane Swim Open Lanes: 6</p> <p>8:15-8:40am Public Swim Open Lanes: 3</p> <p>8:45-9:30am AquaFit</p> <p>9:45am-1:00pm Public Swim Open Lanes: 4</p> <p>1:00pm-2:00pm Masters Lanes: 3 Open Lanes: 3</p> <p>2:45-4:30pm UCRO Lanes: 5 Open Lanes: 1</p> <p>4:30-5:30pm Public Swim UCRO Lanes: 4 Open Lanes: 1</p> <p>5:30-6:30pm Public Swim UCRO Lanes: 3 Open Lanes: 2</p> <p>6:30-8:00pm Public Swim Open Lanes: 3</p>	<p>5:45-7:15am UCRO Lanes: 5 Open Lanes: 1</p> <p>7:15-9:30am Lane Swim Open Lanes: 6</p> <p>9:30-11:40am Public Swim Open Lanes: 3</p> <p>11:45-12:30pm AquaFit</p> <p>2:45-4:45pm UCRO Lanes: 3 Open Lanes: 3</p> <p>5:00-8:00pm Swim Lessons Lane Swim: 1</p>	<p>5:45-7:15am Masters Lanes: 5 Open Lanes: 1</p> <p>7:15-8:15am Lane Swim Open Lanes: 6</p> <p>8:15-8:40am Public Swim Open Lanes: 3</p> <p>8:45-9:30am AquaFit</p> <p>9:45am-12:45pm Public Swim Open Lanes: 4</p> <p>2:45-4:15pm UCRO Lanes: 5 Open Lanes: 1</p> <p>4:15-5:30pm Public Swim UCRO Lanes: 5</p> <p>5:30-7:30pm Public Swim: 3 Lane Swim: 3</p>	<p>7:00-8:00am Lane Swim Open Lanes: 6</p> <p>8:00-9:45am UCRO Lanes: 5 Open Lanes: 1</p> <p>10:00-11:00pm Swim Lessons UCRO Lanes: 2</p> <p>11:00-12:30pm Swim Lessons UCRO Lanes: 1</p> <p>12:30-4:30pm Public Swim Open Lanes: 2</p>	<p>7:00-8:15am Lane Swim Open Lanes: 6</p> <p>8:15-9:15am Lane Swim Open Lanes: 3</p> <p>9:15-10:30am Public Swim Open Lanes: 2</p> <p>10:35-11:20am AquaFit</p> <p>11:20-4:30pm Public Swim Open Lanes: 2</p>

Brockville YMCA // Effective: April 5th, 2026

Wading Pool Schedule



MON	TUES	WED	THU	FRI	SAT	SUN
8:00-8:40am Public Swim	8:00-11:40am Public Swim	8:00-8:40am Public Swim	8:00-11:40am Public Swim	8:00-8:40am Public Swim	8:00-9:00am Public Swim	8:00-10:30am Public Swim
9:45am-12:45pm Public Swim	2:45-4:15pm Public Swim	9:45-10:30pm Public Swim	2:45-4:15pm Public Swim	9:45-12:45pm Public Swim	9:00am-12:30pm Swim Lessons	11:25-4:30pm Public Swim
2:45-8:00pm Public Swim	4:15-4:45pm Parent & Tot Lesson	10:30-11:00am Parent & Tot Lesson	4:15-4:45pm Parent & Tot Lesson	2:45-7:30pm Public Swim	12:45-1:30pm Rental	
	5:00-7:50pm Swim Lessons	11:00-12:45pm Public Swim	5:00-7:50pm Swim Lessons		1:45-4:30pm Public Swim	
		2:45-8:00pm Public Swim				