## BROCKVILLE YMCA // EFFECTIVE: April 24, 2024



MON	TUES	WED	тни	FRI	SAT	SUN
5:45-7:15am	5:45-7:15am	5:45-7:15am	5:45-7:15am	5:45-7:15am	7:00-8:00am	7:00-9:00 am
Masters Lanes: 5	UCRO Lanes: 6	Masters Lanes: 5	UCRO Lanes: 6	Masters Lanes: 5	Lane Swim	Lane Swim
Open Lanes: 1		Open lanes: 1	_ /	Open Lanes: 1	Open Lanes: 6	Open Lanes: 6
7 45 0 45	7:15-9:00am	7 45 0 45	7:15-9:00am	7 45 0 45	0.00.0.50	0.45
7:15-8:15am Lane Swim	Lane Swim	7:15-8:15am Lane Swim	Lane Swim	7:15-8:15am Lane Swim	8:00-9:50am	9:45 am –1:15pm Public Swim
	Open Lanes: 6		Open Lanes: 6		UCRO Lanes: 6	Open Lanes: 2
Open Lanes: 6	9:00-11:40am	Open Lanes: 6	9:00-11:40am	Open Lanes: 6	10:00am-12:30pm	Open Lanes: 2
8:15-8:40am	Public Swim	8:15-8:40am	Public Swim	8:15-8:40am	Swim Lessons	1:30-2:30pm
Public Swim	Open Lanes: 3	Public Swim	Open Lanes: 3	Public Swim	Swill Lessons	Public Swim
Open Lanes: 3	Open Lanes. 5	Open Lanes: 3	Open Lanes. 5	Open Lanes: 3	12:45-2:30pm	Special Olympics: 3
open Lanes. o	11:45-12:30pm		11:45-12:30pm	open Lanco. o	Public Swim	Open Lanes: 1
8:45-9:30am	Aquafit	8:45-9:30am	Aquafit	8:45-9:30am	Open Lanes: 2	
Aquafit		Aquafit	/ quant	Aquafit		
	2:45-4:00pm		2:45-4:00pm			
9:45am-12:45pm	Public Swim	9:45am-12:45pm	Public Swim	9:45am-12:45pm		
Public Swim	UCRO Lanes: 3	Public Swim	UCRO Lanes: 3	Public Swim		
Open Lanes: 4	Open Lanes: 1	Open Lanes: 4	Open Lanes: 1	Open Lanes: 4		
2:45-4:30pm	4:00-4:45pm	2:45-4:30pm	4:00-4:45pm	2:45-4:00pm		
UCRO Lanes: 6	Public Swim	UCRO Lanes: 6	Public Swim	Public Swim		
	UCRO Lanes: 3		UCRO Lanes: 3	UCRO Lanes: 4		
4:30-5:30pm	Open Lanes: 1	4:30-6:30pm	Open Lanes: 1			
UCRO Lanes: 4		Public Swim		4:00-5:30pm		
Open Lanes:2	5:00-7:30pm	UCRO Lanes: 3	5:00-7:30pm	Public Swim		
	Swim Lessons	Open Lanes: 2	Swim Lessons	UCRO Lanes: 4		
5:30-6:00pm				5 00 5 45		
Public Swim		6:30-7:45pm		5:30-5:45pm		
UCRO Lanes: 2		Public Swim		Public Swim		
Open Lanes: 1		Open Lanes: 2		UCRO Lanes: 1		
6:00-7:45pm				Open Lanes: 3		
Public Swim						
Open Lanes: 2						
Open Lanes. 2	I	I. I.	I	I. I.	I	

- To ensure you are viewing the most up to date schedule, always visit: <u>https://eo.ymca.ca/what-we-offer</u>
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- "Open lanes" indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.
- Last Updated: April 25, 2024



## BROCKVILLE YMCA // EFFECTIVE: April 1, 2024 Wading Pool Schedule



MON	TUES	WED	тни	FRI	SAT	SUN
8:00-8:40am Public Swim 9:45am-12:45pm Public Swim 2:45-7:45pm Public Swim	8:00-9:55am Public Swim 10:00-10:30am Parent and Tot 10:35-11:40am Public Swim 2:45-4:45pm Public Swim 5:00-7:30pm Swim Lessons	8:00-8:40am Public Swim 10:00am-12:45pm Public Swim 3:30-4:00pm Parent and Tot 4:00-7:45pm Public Swim	8:00-9:55am Public Swim 10:00-10:30am Parent and Tot 10:35-11:40am Public Swim 2:45-4:45pm Public Swim 5:00-7:30pm Swim Lessons	8:00-8:40am Public Swim 9:45-12:45pm Public Swim 2:45-5:45pm Public Swim	8:00am-9:00am Public Swim 9:15am-12:30pm Swim Lesson 12:45-1:30pm Rental 1:45-2:30pm Public Swim	9:00-2:30pm Public Swim



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• Last Updated: April 25, 2024