Brockville YMCA // Effective: November 8th, 2026

Lap Pool Schedule

MON	TUES	WED	THU	FRI	SAT	SUN
5:45-7:15am Masters Lanes: 4 Lane Swim: 2 **7:15-8:15am** Lane Swim: 6 **8:15-8:40am** Public Swim Lane Swim: 3 **8:45-9:30am** Aquafit **9:45am-12:45pm** Public Swim Lane Swim: 4 **2:45-5:00pm** UCRO Lanes: 5 Lane Swim: 1 **5:00-6:00pm** Public Swim UCRO Lanes: 4 Lane Swim:1 **6:00-7:00pm** Public Swim UCRO Lanes: 3 Lane Swim: 1 **7:00-8:00pm** Public Swim Lane Swim: 3	**5:45-7:15am** UCRO Lanes: 5 Lane Swim: 1 **7:15-9:30am** Lane Swim: 6 **9:30-11:40am** Public Swim Lane Swim: 3 **11:45-12:30pm** Aquafit **2:45-3:45pm** UCRO Lanes: 3 TISS Swim Team: 2 Lane Swim: 1 **2:45-3:45pm** UCRO Lanes: 3 North Grenville: 2 Lane Swim: 1 **5:00-8:00pm** Swim Lessons Lane Swim: 1	**5:45-7:15am** Masters Lanes: 4 Lane Swim: 2 **7:15-8:15am** Lane Swim: 6 **8:15-8:40am** Public Swim Lane Swim: 3 **8:45-9:30am** Aquafit **9:45am-12:45pm** Public Swim Lane Swim: 4 **2:45-5:00pm** UCRO Lanes: 5 Lane Swim: 1 **5:00-6:00pm** Public Swim UCRO Lanes: 4 Lane Swim:1 **6:00-7:00pm** Public Swim UCRO Lanes: 3 Lane Swim: 1 **7:00-8:00pm** Public Swim Lane Swim: 3	**5:45-7:15am** UCRO Lanes: 5 Lane Swim: 1 **7:15-9:30am** Lane Swim: 6 **9:30-11:40am** Public Swim Lane Swim: 3 **11:45-12:30pm** Aquafit **2:45-3:45pm** UCRO Lanes: 3 St Mary Swim Team: 3 **3:45-4:45pm** UCRO Lanes: 3 Ange Gabriel: 1 Lane Swim: 2 **5:00-8:00pm** Swim Lessons Lane Swim: 1	**5:45-7:15am** Masters Lanes: 4 Lane Swim: 2 **7:15-8:15am** Lane Swim: 6 **8:15-8:40am** Public Swim Lane Swim: 3 **8:45-9:30am** Aquafit **9:45am–12:45pm** Public Swim Lane Swim: 4 **2:45-5:00pm** UCRO Lanes: 5 Lane Swim: 1 **5:00-6:00pm** Public Swim UCRO Lanes: 4 Lane Swim:1 **6:00-7:00pm** Public Swim UCRO Lanes: 3 Lane Swim: 1 **7:00-7:30pm** Public Swim Lane Swim: 3	**7:00-8:00am** Lane Swim: 6 **8:00-9:45am** UCRO Lanes: 5 Lane Swim: 1 **10:00-10:30pm** Swim Lessons UCRO Lanes: 2 **10:30-12:30pm** Swim Lessons Lane Swim: 1 **12:30-4:30pm** Public Swim Lane Swim: 2	**7:00-8:30am** Lane Swim: 6 **8:30-9:30am** St Mary Swim team: 3 Lane Swim: 1 Public Swim **9:30-10:30am** Public Swim Lane Swim: 2 **10:35-11:20am** Aquafit **11:20-2:30pm** Public Swim Lane Swim: 2 **3:00-4:30pm** Special Olympics

Brockville YMCA // Effective: November 8th, 2026

Wading Pool Schedule

MON	TUES	WED	THU	FRI	SAT	SUN
8:00-8:40am Public Swim **9:45am-12:45pm** Public Swim **2:45-8:00pm** Public Swim	**8:00-11:40am** Public Swim **2:45-4:15pm** Public Swim **4:15-4:45pm** Parent & Tot Lesson **5:00-7:50pm** Swim Lessons	**8:00-8:40am** Public Swim **9:45-10:30pm** Public Swim **10:30-11:00am** Parent & Tot Lesson **11:00-12:45pm** Public Swim **2:45-8:00pm** Public Swim	**8:00-11:40am** Public Swim **2:45-4:15pm** Public Swim **4:15-4:45pm** Parent & Tot Lesson **5:00-7:50pm** Swim Lessons	**8:00-8:40am** Public Swim **9:45-12:45pm** Public Swim **2:45-7:30pm** Public Swim	**8:00-9:00am** Public Swim **9:00am-12:30pm** Swim Lessons **12:45-1:30pm** Rental **1:45-4:30pm** Public Swim	**8:00-10:30am** Public Swim **11:25-4:30pm** Public Swim