

Lap Pool Schedule

MON	TUES	WED	THU	FRI	SAT	SUN
5:45-7:15am Masters Lanes: 4 Lane Swim: 2	5:45-7:15am UCRO Lanes: 5 Lane Swim: 1	5:45-7:15am Masters Lanes: 4 Lane Swim: 2	5:45-7:15am UCRO Lanes: 5 Lane Swim: 1	5:45-7:15am Masters Lanes: 4 Lane Swim: 2	7:00-8:00am Lane Swim: 6	7:00-8:30am Lane Swim: 6
7:15-8:15am Lane Swim: 6	7:15-9:30am Lane Swim: 6	7:15-8:15am Lane Swim: 6	7:15-9:30am Lane Swim: 6	7:15-8:15am Lane Swim: 6	8:00-9:45am UCRO Lanes: 5 Lane Swim: 1	8:30-9:30am St Mary Swim team: 3 Lane Swim: 1 Public Swim
8:15-8:40am Public Swim Lane Swim: 3	9:30-11:40am Public Swim Lane Swim: 3	8:15-8:40am Public Swim Lane Swim: 3	9:30-11:40am Public Swim Lane Swim: 3	8:15-8:40am Public Swim Lane Swim: 3	10:00-10:30pm Swim Lessons UCRO Lanes: 2	9:30-10:30am Public Swim Lane Swim: 2
8:45-9:30am Aquafit	11:45-12:30pm Aquafit	8:45-9:30am Aquafit	11:45-12:30pm Aquafit	8:45-9:30am Aquafit	10:30-12:30pm Swim Lessons Lane Swim: 1	10:35-11:20am Aquafit
9:45am-12:45pm Public Swim Lane Swim: 4	2:45-3:45pm UCRO Lanes: 3 TISS Swim Team: 2 Lane Swim: 1	9:45am-12:45pm Public Swim Lane Swim: 4	2:45-3:45pm UCRO Lanes: 3 St Mary Swim Team: 3	9:45am-12:45pm Public Swim Lane Swim: 4	12:30-4:30pm Public Swim Lane Swim: 2	11:20-2:30pm Public Swim Lane Swim: 2
2:45-5:00pm UCRO Lanes: 5 Lane Swim: 1	3:45-4:45pm UCRO Lanes: 3 Lane Swim: 3	2:45-5:00pm UCRO Lanes: 5 Lane Swim: 1	3:45-4:45pm UCRO Lanes: 3 Tiss Swim Team: 1 Ange Gabriel: 1 Lane Swim: 1	2:45-5:00pm UCRO Lanes: 5 Lane Swim: 1		2:30-4:00pm Special Olympics
5:00-6:00pm Public Swim UCRO Lanes: 4 Lane Swim: 1	5:00-8:00pm Swim Lessons Lane Swim: 1	5:00-6:00pm Public Swim UCRO Lanes: 4 Lane Swim: 1	5:00-8:00pm Swim Lessons Lane Swim: 1	5:00-6:00pm Public Swim UCRO Lanes: 4 Lane Swim: 1		4:00-4:45pm Lane Swim: 6
6:00-7:00pm Public Swim UCRO Lanes: 3 Lane Swim: 1		6:00-7:00pm Public Swim UCRO Lanes: 3 Lane Swim: 1		6:00-7:00pm Public Swim UCRO Lanes: 3 Lane Swim: 1		
7:00-8:00pm Public Swim Lane Swim: 3		7:00-8:00pm Public Swim Lane Swim: 3		7:00-7:30pm Public Swim Lane Swim: 3		

Brockville YMCA // Effective: September 8th, 2026



Wading Pool Schedule

MON	TUES	WED	THU	FRI	SAT	SUN
8:00-8:40am Public Swim	8:00-11:40am Public Swim	8:00-8:40am Public Swim	8:00-11:40am Public Swim	8:00-8:40am Public Swim	8:00-9:00am Public Swim	8:00-10:30am Public Swim
9:45am-12:45pm Public Swim	2:45-4:15pm Public Swim	9:45-10:30pm Public Swim	2:45-4:15pm Public Swim	9:45-12:45pm Public Swim	9:00am-12:30pm Swim Lessons	11:25-4:30pm Public Swim
2:45-8:00pm Public Swim	4:15-4:45pm Parent & Tot Lesson	10:30-11:00am Parent & Tot Lesson	4:15-4:45pm Parent & Tot Lesson	2:45-7:30pm Public Swim	12:45-1:30pm Rental	
	5:00-7:50pm Swim Lessons	11:00-12:45pm Public Swim	5:00-7:50pm Swim Lessons		1:45-4:30pm Public Swim	
		2:45-8:00pm Public Swim				