Lap Pool Schedule



5:45-7:15am Masters Lanes: 4 Open Lanes: 6 Open Lanes: 2 Open Lanes: 3 Open Lanes: 4 Open Lanes: 2 Open Lanes: 2 Open Lanes: 2 Open Lanes: 2 Open Lanes: 4 Open Lanes: 4 Open Lanes: 4 Open Lanes: 6 Open Lanes: 9 Open Lanes:	MON	TUES	WED	THU	FRI	SAT	SUN
4:40-6:00pm 6:30-7:45pm UCRO Lanes: 4 Public Swim Open Lanes: 3 Open Lanes: 3	5:45-7:15am Masters Lanes: 4 Open Lanes: 2 7:15-8:15am Lane Swim Open Lanes: 6 8:15-8:40am Public Swim Open Lanes: 3 8:45-9:30am Aquafit 9:45am-10:25pm Public Swim Open Lanes: 4 10:30am-11:30am Daycare Swim Open Lanes: 2 11:30am-12:45am Public Swim Open Lanes: 2 2:45-4:40pm UCRO Lanes: 6 4:40-6:00pm UCRO Lanes: 4 Open Lanes: 2	5:45-7:15am UCRO Lanes: 6 7:15-9:00am Lane Swim Open Lanes: 6 9:00-11:35am Public Swim Open Lanes: 3 11:45-12:30pm Aquafit 1:00-2:00pm Camp Swim 2:45-4:45pm Public Swim UCRO Lanes: 3 Open Lanes: 1 5:00-7:30pm	5:45-7:15am Masters Lanes: 4 Open lanes: 2 7:15-8:15am Lane Swim Open Lanes: 6 8:15-8:40am Public Swim Open Lanes: 3 8:45-9:30am Aquafit 9:45am-10:25pm Public Swim Open Lanes: 4 10:30am-11:30am Daycare Swim Open Lanes: 2 11:30am-12:45am Public Swim Open Lanes: 2 2:45-4:40pm UCRO Lanes: 2 2:45-4:40pm UCRO Lanes: 4 Open Lanes: 2 6:00-6:30pm Public Swim UCRO Lanes: 1 Open Lanes: 1 Open Lanes: 2 6:30-7:45pm Public Swim	5:45-7:15am UCRO Lanes: 6 7:15-9:00am Lane Swim Open Lanes: 6 9:00-11:35am Public Swim Open Lanes: 3 11:45-12:30pm Aquafit 1:00-2:00pm Camp Swim 2:45-4:45pm Public Swim UCRO Lanes: 3 Open Lanes: 1 5:00-7:30pm	5:45-7:15am Masters Lanes: 4 Open Lanes: 2 7:15-8:15am Lane Swim Open Lanes: 6 8:15-8:40am Public Swim Open Lanes: 3 8:45-9:30am Aquafit 9:45am-12:45pm Public Swim Open Lanes: 4 2:45-4:40pm UCRO Lanes: 6 4:40-5:30pm Public Swim	7:00-8:00am Lane Swim Open Lanes: 6 8:00-10:00am UCRO Lanes: 6 10:00am-12:00pm Public Swim Open Lanes: 2 Rental: 1 12:00-2:30pm Public Swim	7:00-9:45 am Lane Swim Open Lanes: 6 9:45 am –2:30pm Public Swim

- To ensure you are viewing the most up to date schedule, always visit: https://eo.ymca.ca/what-we-offer
- All Aquafit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- "Open lanes" indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.
- Last Updated: July 16, 2024

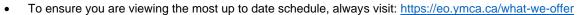


BROCKVILLE YMCA // Effective: July 5, 2024

Wading Pool Schedule



MON	TUES	WED	тни	FRI	SAT	SUN
8:00-8:40am Public Swim 9:45-10:25am Public Swim 10:30am-11:30pm Daycare Swim 11:30am-12:45pm Public Swim 2:45-7:45pm Public Swim	8:00-9:55am Public Swim 10:00-10:30am Parent and Tot 10:35-11:40am Public Swim 1:00-2:00pm Camp Swim 2:45-4:45pm Public Swim 5:00-7:30pm Swim Lessons	8:00-8:40am Public Swim 9:45-10:25am Public Swim 10:30am-11:30pm Daycare Swim 11:30am-12:45pm Public Swim 2:45-7:45pm Public Swim	8:00-9:55am Public Swim 10:00-10:30am Parent and Tot 10:35-11:40am Public Swim 1:00-2:00pm Camp Swim 2:45-4:45pm Public Swim 5:00-7:30pm Swim Lessons	8:00-8:40am Public Swim 9:45-12:45pm Public Swim 2:45-5:45pm Public Swim	9:00am-12:40m Public Swim 12:45-1:30pm Rental 1:45-2:30pm Public Swim	9:00-2:30pm Public Swim



Last Updated: July 16, 2024

