

Lap Pool Schedule



MON	TUES	WED	THU	FRI	SAT	SUN
<p>5:45-7:15am Masters Lanes: 4 Open Lanes: 2</p> <p>7:15-8:15am Lane Swim Open Lanes: 6</p> <p>8:15-8:40am Public Swim Open Lanes: 3</p> <p>8:45-9:30am AquaFit</p> <p>9:45am-10:25pm Public Swim Open Lanes: 4</p> <p>10:30am-11:30am Daycare Swim Open Lanes: 2</p> <p>11:30am-12:45am Public Swim Open Lanes: 2</p> <p>2:45-4:40pm UCRO Lanes: 6</p> <p>4:40-6:00pm UCRO Lanes: 4 Open Lanes: 2</p> <p>6:00-7:45pm Public Swim UCRO Lanes: 1 Open Lanes: 2</p>	<p>5:45-7:15am UCRO Lanes: 6</p> <p>7:15-9:00am Lane Swim Open Lanes: 6</p> <p>9:00-11:35am Public Swim Open Lanes: 3</p> <p>11:45-12:30pm AquaFit</p> <p>1:00-2:00pm Camp Swim</p> <p>2:45-4:45pm Public Swim UCRO Lanes: 3 Open Lanes: 1</p> <p>5:00-7:30pm Swim Lessons</p>	<p>5:45-7:15am Masters Lanes: 4 Open lanes: 2</p> <p>7:15-8:15am Lane Swim Open Lanes: 6</p> <p>8:15-8:40am Public Swim Open Lanes: 3</p> <p>8:45-9:30am AquaFit</p> <p>9:45am-10:25pm Public Swim Open Lanes: 4</p> <p>10:30am-11:30am Daycare Swim Open Lanes: 2</p> <p>11:30am-12:45am Public Swim Open Lanes: 2</p> <p>2:45-4:40pm UCRO Lane: 6</p> <p>4:40-6:00pm UCRO Lanes: 4 Open Lanes: 2</p> <p>6:00-6:30pm Public Swim UCRO Lanes: 1 Open Lanes: 2</p> <p>6:30-7:45pm Public Swim Open Lanes: 3</p>	<p>5:45-7:15am UCRO Lanes: 6</p> <p>7:15-9:00am Lane Swim Open Lanes: 6</p> <p>9:00-11:35am Public Swim Open Lanes: 3</p> <p>11:45-12:30pm AquaFit</p> <p>1:00-2:00pm Camp Swim</p> <p>2:45-4:45pm Public Swim UCRO Lanes: 3 Open Lanes: 1</p> <p>5:00-7:30pm Swim Lessons</p>	<p>5:45-7:15am Masters Lanes: 4 Open Lanes: 2</p> <p>7:15-8:15am Lane Swim Open Lanes: 6</p> <p>8:15-8:40am Public Swim Open Lanes: 3</p> <p>8:45-9:30am AquaFit</p> <p>9:45am-12:45pm Public Swim Open Lanes: 4</p> <p>2:45-4:40pm UCRO Lanes: 6</p> <p>4:40-5:30pm Public Swim UCRO Lanes: 4</p>	<p>7:00-8:00am Lane Swim Open Lanes: 6</p> <p>8:00-10:00am UCRO Lanes: 6</p> <p>10:00am-12:00pm Public Swim Open Lanes: 2 Rental: 1</p> <p>12:00-2:30pm Public Swim Open Lanes: 2</p>	<p>7:00-9:45 am Lane Swim Open Lanes: 6</p> <p>9:45 am -2:30pm Public Swim Open Lanes: 2</p>

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- All AquaFit classes are held in shallow and deep water at the same time to accommodate class sizes and physical distancing.
- "Open lanes" indicate lanes available for lane swims throughout the day.
- Showering is required to rinse away dirt, oils and personal care products from the skin prior to entering the pool.
- Last Updated: July 16, 2024



SCHEDULES

BROCKVILLE YMCA // Effective: July 5, 2024

Wading Pool Schedule



MON	TUES	WED	THU	FRI	SAT	SUN
8:00-8:40am Public Swim	8:00-9:55am Public Swim	8:00-8:40am Public Swim	8:00-9:55am Public Swim	8:00-8:40am Public Swim	9:00am-12:40m Public Swim	9:00-2:30pm Public Swim
9:45-10:25am Public Swim	10:00-10:30am Parent and Tot	9:45-10:25am Public Swim	10:00-10:30am Parent and Tot	9:45-12:45pm Public Swim	12:45-1:30pm Rental	
10:30am-11:30pm Daycare Swim	10:35-11:40am Public Swim	10:30am-11:30pm Daycare Swim	10:35-11:40am Public Swim	2:45-5:45pm Public Swim	1:45-2:30pm Public Swim	
11:30am-12:45pm Public Swim	1:00-2:00pm Camp Swim	11:30am-12:45pm Public Swim	1:00-2:00pm Camp Swim			
2:45-7:45pm Public Swim	2:45-4:45pm Public Swim	2:45-7:45pm Public Swim	2:45-4:45pm Public Swim			
	5:00-7:30pm Swim Lessons		5:00-7:30pm Swim Lessons			

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- Last Updated: July 16, 2024



SCHEDULES