

Lap Pool Schedule

MON	TUES	WED	THU	FRI	SAT	SUN
<p>5:45-7:15am Masters Lanes: 5 Lane Swim: 1</p> <p>7:15-8:15am Lane Swim: 6</p> <p>8:15-8:40am Public Swim Lane Swim: 3</p> <p>8:45-9:30am Aquafit</p> <p>9:45am-12:45pm Public Swim Lane Swim: 4</p> <p>2:45-4:30pm UCRO Lanes: 5 Lane Swim: 1</p> <p>4:30-5:30pm Public Swim UCRO Lanes: 4 Lane Swim: 1</p> <p>5:30-6:30pm Public Swim UCRO Lanes: 3 Lane Swim: 2</p> <p>6:30-8:00pm Public Swim Lane Swim: 3</p>	<p>5:45-7:15am UCRO Lanes: 5 Lane Swim: 1</p> <p>7:15-9:30am Lane Swim: 6</p> <p>9:30-11:40am Public Swim Lane Swim: 3</p> <p>11:45-12:30pm Aquafit</p> <p>2:45-4:45pm UCRO Lanes: 3 Lane Swim: 3</p> <p>5:00-8:00pm Public Swim Lane Swim: 3</p>	<p>5:45-7:15am Masters Lanes: 5 Lane Swim: 1</p> <p>7:15-8:15am Lane Swim: 6</p> <p>8:15-8:40am Public Swim Open Lanes: 3</p> <p>8:45-9:30am Aquafit</p> <p>9:45am-1:00pm Public Swim Open Lanes: 4</p> <p>1:00pm-2:00pm Masters Lanes: 3 Lane Swim: 3</p> <p>2:45-4:30pm UCRO Lanes: 5 Lane Swim: 1</p> <p>4:30-5:30pm Public Swim UCRO Lanes: 4 Lane Swim: 1</p> <p>5:30-6:30pm Public Swim UCRO Lanes: 3 Lane Swim: 2</p> <p>6:30-8:00pm Public Swim Lane Swim: 3</p>	<p>5:45-7:15am UCRO Lanes: 5 Lane Swim: 1</p> <p>7:15-9:30am Lane Swim: 6</p> <p>9:30-11:40am Public Swim Lane Swim: 3</p> <p>11:45-12:30pm Aquafit</p> <p>2:45-4:45pm UCRO Lanes: 3 Lane Swim: 3</p> <p>5:00-8:00pm Public Swim Lane Swim: 3</p>	<p>5:45-7:15am Masters Lanes: 5 Lane Swim: 1</p> <p>7:15-8:15am Lane Swim: 6</p> <p>8:15-8:40am Public Swim Lane Swim: 3</p> <p>8:45-9:30am Aquafit</p> <p>9:45am-12:45pm Public Swim Lane Swim: 4</p> <p>2:45-4:15pm UCRO Lanes: 5 Lane Swim: 1</p> <p>4:15-5:30pm Public Swim UCRO Lanes: 5</p> <p>5:30-7:30pm Public Swim: 3 Lane Swim: 3</p>	<p>7:00-8:00am Lane Swim: 6</p> <p>8:00-9:45am UCRO Lanes: 5 Lane Swim: 1</p> <p>10:00-11:00pm UCRO Lanes: 2 Lane Swim: 1 Public Swim</p> <p>11:00-12:30pm UCRO Lanes: 1 Lane Swim: 2 Public Swim</p> <p>12:30-4:30pm Public Swim Lane Swim: 2</p>	<p>7:00-8:15am Lane Swim: 6</p> <p>8:15-9:15am Public Swim Lane Swim: 3</p> <p>9:15-10:30am Public Swim Lane Swim: 2</p> <p>10:35-11:20am Aquafit</p> <p>11:20-4:30pm Public Swim Lane Swim: 2</p>

Brockville YMCA // Effective: June 15th – June 27th ,2026



Wading Pool Schedule

MON	TUES	WED	THU	FRI	SAT	SUN
8:00-8:40am Public Swim	8:00-11:40am Public Swim	8:00-8:40am Public Swim	8:00-11:40am Public Swim	8:00-8:40am Public Swim	8:00-12:45am Public Swim	8:00-10:30am Public Swim
9:45am-12:45pm Public Swim	2:45-7:30pm Public Swim	9:45-12:45pm Public Swim	2:45-7:30pm Public Swim	9:45-12:45pm Public Swim	12:45-1:30pm Rental	11:25-4:30pm Public Swim
2:45-8:00pm Public Swim		2:45-8:00pm Public Swim		2:45-7:30pm Public Swim	1:45-4:30pm Public Swim	