

# Gym Schedule



MON	TUES	WED	THU	FRI	SAT	SUN
5:30am-7:15am Open Gym	5:30am-7:15am Open Gym	5:30am-7:15am Open Gym	5:30am-7:15am Open Gym	5:30am-7:15am Open Gym	7:00am-3:30pm Open Gym	7:00am-9:45am Open Gym
7:15am-5:30pm Reserved for Summer Camp	7:15am-5:30pm Reserved for Summer Camp	7:15am-5:30pm Reserved for Summer Camp	7:15am-5:30pm Reserved for Summer Camp	7:15am-5:30pm Reserved for Summer Camp		10:00am-12:30pm Pickleball
6:00pm-8:30pm Adult Drop-In Basketball (ages 16+)	6:00pm-8:30pm Open Gym	6:00pm-8:30pm Pickleball	6:00pm-8:30pm Open Gym	6:00pm-6:30pm Open Gym		12:45pm-3:30pm Open Gym

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- For a full list of class descriptions, visit: [eo.ymca.ca/class-descriptions](https://eo.ymca.ca/class-descriptions)
- Last Updated: June 18, 2024



SCHEDULES