

# Kemptville Pool Schedule



MON	TUES	WED	THU	FRI	SAT	SUN
<b>8:15 – 12:15</b> Lessons	<b>7:30-8:15am</b> Aquafit	<b>8:15 – 12:15</b> Lessons	<b>7:30-8:15am</b> Aquafit	<b>8:15 – 12:15</b> Lessons	<b>12:15-1:00pm</b> Adult & Lane Swim	<b>12:15-1:00pm</b> Adult & Lane Swim
<b>12:15-1:00pm</b> Adult & Lane Swim	<b>8:15 – 12:15</b> Lessons	<b>12:15-1:00pm</b> Adult & Lane Swim	<b>8:15 – 12:15</b> Lessons	<b>12:15-1:00pm</b> Adult & Lane Swim	<b>1:15-2:45pm</b> Public Swim	<b>1:15-2:45pm</b> Public Swim
<b>1:15-3:00pm</b> Public Swim	<b>12:15-1:00pm</b> Adult & Lane Swim	<b>1:15-3:00pm</b> Public Swim	<b>12:15-1:00pm</b> Family Swim	<b>1:15-2:15pm</b> Community Rental Family Swim	<b>3:00-4:00pm</b> Family Swim	<b>3:00-4:00pm</b> Family Swim
<b>3:15-4:00pm</b> Junior Bluefins	<b>1:00-3:00pm</b> Public Swim	<b>3:15-4:00pm</b> Junior Bluefins	<b>1:00-3:00pm</b> Public Swim	<b>2:15-3:00pm</b> Public Swim		
<b>4:00-5:00pm</b> Senior Bluefins	<b>3:15-4:00pm</b> Junior Bluefins	<b>4:00-5:00pm</b> Senior Bluefins	<b>3:15-4:00pm</b> Junior Bluefins	<b>3:00-4:00pm</b> Staff Training		
<b>5:15-6:00pm</b> Adult & Lane Swim	<b>4:00-5:00pm</b> Senior Bluefins	<b>5:15-6:00pm</b> Adult & Lane Swim	<b>4:00-5:00pm</b> Senior Bluefins	<b>4:00-5:00pm</b> Community Rental		
<b>6:15-7:00pm</b> Family Swim	<b>5:30-6:15pm</b> Aquafit	<b>6:15-7:00pm</b> Family Swim	<b>5:30-6:15pm</b> Aquafit	<b>5:15-6:00pm</b> Family Swim		
<b>7:00-8:00pm</b> Public Swim	<b>6:15-7:00pm</b> Family Swim	<b>7:00-8:00pm</b> Public Swim	<b>6:15-7:00pm</b> Family Swim	<b>6:00-8:00pm</b> Public Swim		
	<b>7:00-8:00pm</b> Public Swim		<b>7:00-8:00pm</b> Public Swim			

- Public Swim:** Open to all ages. Children under 10 years must be accompanied by a supervising guardian (16+ years) or able to pass the facility swim test. Children under 6 must be accompanied by a guardian (16+ years) who is always within arm's reach in the pool.
  - Ratios:** 1 guardian:2 children, or 1 guardian:4 children (lifejackets worn by all children)
- Family Swim:** Open to all ages. Children and youth under 16 years must be accompanied by a supervising guardian who is 16+ years. Children under 6 years must be accompanied by a participating guardian (16+ years) who is always within arm's reach in the pool.
  - Ratios:** 1 guardian:2, or 1 guardian:4 children (lifejackets worn by all children)
- Adult & Lane Swim:** Open to all adult recreational swimmers (16+ years of age) and lane swimmers (12+ years of age). Note that space is limited for lane swimming and available on a first-come, first-served basis.



SCHEDULES

# Kemptville Pool Prices



## Tickets

*Pay at the door (cash only, please avoid bringing large bills):*

## Daily Rates:

<b>Adult</b> (17 - 54 years)	\$3.00
<b>Senior</b> (55+ years)	\$2.00
<b>Infant</b> (3 years and under)	\$1.00
<b>Youth</b> (16 years and under)	\$2.00

## Monthly Rates:

<b>Individual</b>	\$30.00
<b>Family</b>	\$75.00

- To ensure you are viewing the most up to date schedule, always visit: <https://eo.ymca.ca/what-we-offer>
- Last Updated: May 28, 2026



SCHEDULES