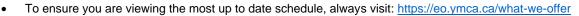
Group Fitness Schedule



MON	TUES	WED	ТНИ	FRI	SAT	SUN
	8:00-8:50am Wake Up & Workout		12:30-1:20pm Cyclefit	12:30-1:00pm Gentle Stretch		
5:30-6:20pm Kettlebell Kraze		4:30-5:20pm CSI 5:30-6:20pm Zumba	6:30-7:20pm Tabata			



Last Updated: April 19, 2024

