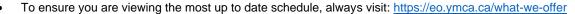
Group Fitness Schedule



MON	TUES	WED	тни	FRI	SAT	SUN
5:30-6:20pm Kettlebell Kraze 6:30-7:20pm Zumba	4:30-5:20pm CSI 5:30-6:30pm Yoga	11:30-12:20pm Strength Cardio Combo 12:30-1:00pm Gentle Stretch	12:30-1:20pm Cyclefit 6:30-7:20pm Tabata			



Last Updated: October 1, 2024

