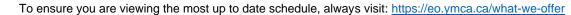
## Group Fitness Schedule



MON	TUES	WED	тни	FRI	SAT	SUN
		11:30-12:20pm Strength Cardio Combo 12:30-1:00pm Gentle Stretch	<b>12:30-1:20pm</b> Cyclefit			
<b>5:30-6:20pm</b> Kettlebell Kraze	<b>5:30-6:30pm</b> Yoga					
<b>6:30-7:20pm</b> Zumba						
			<b>6:30-7:20pm</b> Tabata			



Last Updated: November 11, 2024

