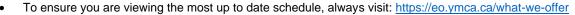
## Summer Group Fitness Schedule



MON	TUES	WED	тни	FRI	SAT	SUN
	8:00-8:50am Wake Up & Workout	12:00- 12:30pm Gentle Stretch	<b>12:00- 12:50pm</b> Cyclefit			
<b>5:30-6:20pm</b> Kettlebell Kraze			<b>6:30-7:20pm</b> Tabata			



Last Updated: June 18, 2024

