Brockville, Kemptville, & Kingston

2023 Summer Day Camps

Registration begins Tuesday, March 28 @ 8am

YMCA of Eastern Ontario
eo.ymca.ca
We start the day off with a song to get all of our campers excited and ready for the day. Each of our camps have their own specialty activity throughout the day that will surely get them moving.

Campers participate in a range of activities that include cooperative games, arts and crafts, environment-based programs, and recreational activities and sports.

Before we finish off the day, we spend time to reflect on our campers achievements and highlights, followed by an end of the day camp cheer.
Day Camps Information

YMCA camp activities are inclusive, ensuring that all kids participate and have fun. Your child will have new experiences that promote physical literacy and lifelong skills. Throughout the summer, children will have their pick of arts and crafts, sports, and cooperative games that enhance social and leadership skills.

Don’t forget to pack

• Reusable water bottle
• A hat, sunscreen, change of clothes and running shoes
• Weather-appropriate clothing
• Nutritious peanut/nut free lunch

Questions about camp?

Contact us by email: daycamps@eo.ymca.ca

Or by phone:
Brockville, 613-342-7961 ext 0
Kingston, 613-546-2647 ext 0

Camp hours

Monday to Friday from 9 am - 4 pm
Extended care (no additional cost) is available from 7:30 - 9 am and 4 - 5:30 pm

*Additional costs apply after 5:30 pm and we request parents/guardians contact the YMCA if they expect to be late.

* Camp does not run on stat holidays (July 3 & August 7 stat holidays)

Sunscreen policy

Please note that sunscreen is not supplied to campers by the YMCA. It is the responsibility of the parent to ensure that campers bring their own sunscreen to camp and that the parent/child apply it once before coming to camp in the morning. Staff will assist campers in re-applying as needed throughout the day.

Camper behaviour

The rules and expectations of the camp will be introduced on the first day and reviewed each day as part of the morning routine. Camp staff will communicate any concerns to parents so that we can work together to solve problems before they escalate. If the camp supervisor has found that the camper does not adhere to the safety guidelines or rules of the camp and/or is a risk to themselves or others, the camp supervisor reserves the right to ask that camper to be removed from camp.
# Day Camps Chart

## Brockville & Kemptville

<table>
<thead>
<tr>
<th>Camp</th>
<th>Age</th>
<th>Week 1*</th>
<th>Week 2</th>
<th>Week 3</th>
<th>Week 4</th>
<th>Week 5</th>
<th>Week 6*</th>
<th>Week 7</th>
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<tbody>
<tr>
<td>The ARTisan Club - Craft Camp</td>
<td>6 - 8</td>
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<td>The ARTisan Club - Craft Camp</td>
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<tr>
<td>Y-Athlete - Sports Camp</td>
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<tr>
<td>Fitness Fanatics - Fitness Camp</td>
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<tr>
<td>Urban Pathfinders - Outdoor Camp</td>
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## Kingston

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<tbody>
<tr>
<td>Gear Up - Bicycle Camp</td>
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<td>Gear Up - Bicycle Camp</td>
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<td>Bring The Beat - Dance Camp</td>
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*Weeks 1 & 6 will be short weeks due to stat holidays.
**Y-Athlete**

**Sports Camp**
Whether you are a seasoned athlete or a beginner player, if you love sports this camp is for you! Learn a variety of sports like basketball, badminton, volleyball and even pickleball. Up your game and showcase your skills.

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**Fitness Fanatics**

**Fitness Camp**
Build your strength and develop motor skills through mobility, balance, power, strength and endurance through training camp. Ground yourself and explore the benefits of functional movement training; learn to move like a ninja and balance like a crane.

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**The Artisan Club**

**Crafty Camp**
Do you like to get messy and create a work of art? This camp is just for you! Let your creative mind flow and make something interesting in this fun and creative camp. Explore a buffet of art & craft media and imagine what you can create with your own two hands.

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**Bring the Beat**

**Dance Camp**
Want to learn the latest dance trends? Look no further! Learn the basic movements of hip-hop or breakdance or let your creativity flow with freestyling in a fun and heart-pumping dance camp. Work with your group to choreograph your own dance before performing at the end of the week.

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**Urban Pathfinders**

**Outdoors Camp**
Discover the outdoors and have fun exploring and learning together with friends. What better way to spend your summer than the great outdoors and exploring! This camp offers kids the opportunity to get close to and learn about the natural environment while developing their love for the natural world.

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**Gear Up**

**Bicycle Camp**
Feel the Kingston breeze with this fun outdoor bike camp! Not only do you get to experience the scenic views of Kingston but also develop confidence, independence, and the right rules of the road through a fun and engaging experience. Learn how to make minor repairs to your bike and discover Kingston in a brand new way. Functioning bike, helmet, and lock are required. To ensure safety and enjoyment of the camp, campers must enter the camp with the fundamental skills to start, stop, and steer independently.

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Core Value Beads

At Y Day Camps, we are proud of our unique Y Values Bead program where we encourage campers to demonstrate Y core values and in turn they can earn beads! Each of our Y core values are associated with a colour bead. Throughout the week, beads are awarded to campers demonstrating our core values and are worn as a constant reminder of what we value as a camp community.

Red Caring Bead
Acceptance, compassion, generosity, sensitivity, and thoughtfulness.

Blue Honesty Bead
Integrity, fairness, and sincerity. Being trustworthy and trustful.

Yellow Respect Bead
Acknowledging the worth of yourself and others. Treating others justly.

Green Responsibility Bead
Accountability for your actions, words, and obligations. The duty to do what's right.

Orange Inclusiveness Bead
Being welcoming. Fostering a sense of belonging for all.

ADDITIONAL YMCA CAMPER BEADS

White YMCA Camper Bead
The first bead a camper gets at camp. Welcomes them to the YMCA and to Summer Day Camps.

Glow in the Dark Sun Safety Bead
Demonstrating outstanding sun safe habits like wearing a hat, drinking water, and wearing sunscreen.

Sparkly Friendship Bead
Campers give these beads to each other when they make a new friend at camp.
Important Information

Registration
- Available online at yeo.force.com
- Instructions are available at eo.ymca.ca/onlineregistration
- Will close at 12pm the Friday before the first day of camp.
- Not accepted by email or fax.
- Purchase by credit card.
  If you need to arrange an alternative method of payment please contact the Day Camp registrar at daycamps@eo.ymca.ca
- Campers must fall within the age range or be entering the age range by August 31, 2023.

Cancellation and Refund Policy
Cancellation requests can be made via email to the Day Camp registrar at daycamps@eo.ymca.ca Requests must be received three business days (Tuesday) prior to the first day of camp and will be refunded, less a $20 fee per child, per camp. Requests received later than three business days prior to the start of camp are not subject to any refund. Dismissals from camp due to camper behaviour, illness or lice is not subject to refund.

Affordable Fees - Financial Assistance
We know that budgeting for your child’s camp can sometimes be a challenge. That’s why at the YMCA of Eastern Ontario we offer financial assistance to families who are unable to pay the full fee.

With the assistance of our Strong Kids Campaign, the YMCA fulfills its mission by striving to ensure that children, regardless of their financial circumstances, can enjoy a positive summer day camp experience.

Please email daycamps@eo.ymca.ca and we would be happy to assist anyone limited by their financial situation. Financial assistance provided by the YMCA is limited to two weeks per camper.

Please note: Any applicant seeking financial assistance should first apply to your local municipality.

Locations
Brockville YMCA: 345 Park St.
Kingston YMCA: 100 Wright Cres.
Kemptville: 200 Reuben Cres. (Curling Club)

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<thead>
<tr>
<th>Payment Day</th>
<th>Camp Week</th>
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<tbody>
<tr>
<td>June 15</td>
<td>July 4 - 7</td>
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<td>June 15</td>
<td>July 10 - 14</td>
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<td>July 1</td>
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<td>July 1</td>
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<td>August 1</td>
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