



Registration Opens  
Tues, Feb 24 @8am!

ACCREDITED  
MEMBER



Community. Leadership. Life.



2026

# YMCA SUMMER DAY CAMP

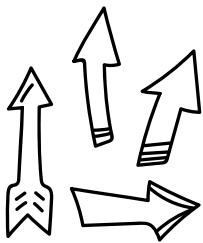


Shine On  Eastern  
Ontario

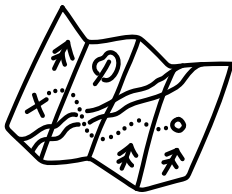
 North  
Grenville

## Why YMCA Camps?

Create lifetime  
memories & enhance  
self confidence.



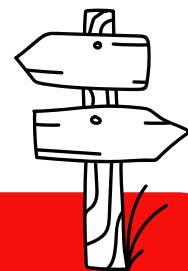
We start the day off with fun and active group activities to get all of our campers excited and ready for the day.



Campers participate in a range of activities that include cooperative games, arts and crafts, environment-based programs, and recreational activities and sports.



Before we finish off the day, we spend time to reflect on our campers achievements and highlights followed by the bead ceremony to wrap up the camp day.



# Day Camps *Information*

YMCA camp activities are inclusive, ensuring that all kids participate and have fun. Your child will have new experiences that promote physical literacy and lifelong skills. Throughout the summer, children will have their pick of arts and crafts, sports, and cooperative games that enhance social and leadership skills.

## Don't forget to pack

- Reusable water bottle
- A hat, sunscreen, change of clothes and running shoes
- Weather-appropriate clothing
- Swimsuit and towel
- Nutritious peanut/nut free lunch

## Questions about camp?

Contact us by email:

[daycamps@eo.ymca.ca](mailto:daycamps@eo.ymca.ca)

Or by phone:

Brockville/Kemptville, 613-342-7961 ext 0  
Kingston, 613-546-2647 ext 0

## Camp hours

Monday to Friday from 9 am - 4 pm  
Extended care (no additional cost) is available from 7:30 - 9am and 4 - 5:30pm

***Additional costs apply after 5:30pm and we request parents/guardians contact the YMCA if they expect to be late.***

***Camp does not run on August 3 (Civic Holiday)***

## Sunscreen policy

***Please note that sunscreen is not supplied to campers by the YMCA.***

It is the responsibility of the parent to ensure that campers bring their own sunscreen to camp and that the parent/child apply it once before coming to camp in the morning. Staff will assist campers in re-applying as needed throughout the day.

## Camper behaviour

The rules and expectations of the camp will be introduced on the first day and reviewed each day as part of the morning routine. Camp staff will communicate any concerns to parents so that we can work together to solve problems before they escalate. If the camp supervisor has found that the camper does not adhere to the safety guidelines or rules of the camp and/or is a risk to themselves or others, the camp supervisor reserves the right to ask that camper to be removed from camp.

## Inclusion Supports

We are a recreation-based program with a staff-to-child ratio of 1:15. We are not a specialized program equipped to support complex needs or behaviors. However, possible arrangements for additional support may be available upon request. Support availability depends on the number of weeks offered, funding allotments, and the complexity of your child's needs. Parents or guardians must contact the program site to discuss options before or immediately after registration.

# Day Camps *Information*

## Registration

- Available online at [yeo.my.site.com](http://yeo.my.site.com)
- Instructions are available at [eo.ymca.ca/online-registration](http://eo.ymca.ca/online-registration)
- Closes at 12pm the **Friday** before the first day of camp.
- Not accepted by email or fax.
- Purchase by credit card.  
*If you need to arrange an alternative method of payment please contact the Day Camp registrar at [daycamps@eo.ymca.ca](mailto:daycamps@eo.ymca.ca)*
- Campers must fall within the age range or be entering the age range by Dec. 31, 2026

## Cancellation and Refund Policy

A cancellation request must be completed and received no later than 5 business days in advance of the camp start date to be eligible for a refund of the remaining fees after the cancellation fee is assessed.

There is a \$20 cancellation fee per camp, per child (non-refundable deposit).

Refunds will not be provided for a request received less than 5 business days in advance OR once the camp has commenced.

### Camp Payment Schedule

Camp Week	Payment Day
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July 6 - 10	June 15
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July 13 - 17	June 15
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July 20 - 24	July 1
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July 27 - 31	July 1
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August 4 - 7*	July 15
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August 10 - 14	July 15
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August 17 - 21	August 1
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August 24 - 28	August 1
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Week #5 will be a short week due to stat holiday (Civic Holiday).

## Affordable Fees - Financial Assistance

We know that budgeting for your child's camp can sometimes be a challenge. That's why at the YMCA of Eastern Ontario we offer financial assistance to families who are unable to pay the full fee.

With the assistance of our Annual Giving Campaign, the YMCA fulfills its mission by striving to ensure that children, regardless of their financial circumstances, can enjoy a positive summer day camp experience.

Please email [daycamps@eo.ymca.ca](mailto:daycamps@eo.ymca.ca) and we would be happy to assist anyone limited by their financial situation. Financial assistance provided by the YMCA is limited to two weeks per camper.

**Please note:** Any applicant seeking financial assistance should first apply to your local municipality. Neither Financial Assistance nor municipality subsidy are available via online registration. See front desk for details.

### Camp Locations

#### Brockville YMCA:

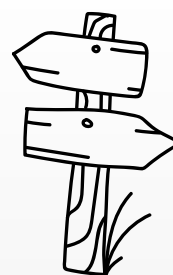
345 Park St.

#### Kingston YMCA:

100 Wright Cres.

#### Kemptville:

Curling Club, 200 Reuben Cres.



# Day Camps *Offerings*

## The Artisan Club

### Crafty Camp



Do you like to get messy and create a work of art? This camp is just for you! Let your creative mind flow and make something interesting in this fun and creative camp. Explore a buffet of art & craft media and imagine what you can create with your own two hands.

## Bring the Beat

### Dance Camp



Want to learn the latest dance trends? Look no further! Learn the basic movements of hip-hop or breakdance or let your creativity flow with freestyling in a fun and heart-pumping dance camp. Work with your group to choreograph your own dance before performing at the end of the week.

**NEW**

## Dribble & Drive

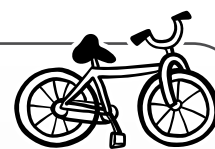
### Basketball Camp



Meet us on the court this summer for this new camp focused on helping campers develop their basketball skills and knowledge while making new friends with a shared interest in the sport. In addition, participants will enjoy traditional camp activities like crafts, games, and time in the pool.

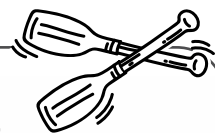
## Gear Up

### Bicycle Camp



Feel the Kingston breeze with this fun outdoor bike camp! Not only do you get to experience the scenic views of Kingston but also develop confidence, independence, and the right rules of the road through a fun and engaging experience. Learn how to make minor repairs to your bike and discover Kingston in a brand new way. Functioning bike, helmet, and lock are required. To ensure safety and enjoyment of the camp, campers must enter the camp with the fundamental skills to start, stop, and steer independently.

## Rowing Camp



Our Rowing Camp offers a fun blend of athletic training and traditional camp activities. Mornings are spent at the Kingston Rowing Club, where campers learn basic rowing skills and work together on the water. In the afternoons, the group travels to the YMCA to enjoy classic camp activities like arts and crafts, games, and team sports. With the perfect balance of athletic challenge and camp fun, this program provides a unique and well-rounded experience for every camper! No rowing experience needed.

**Campers will receive a 3-month complimentary membership to the YMCA after completing the week.**

Shine On  Eastern Ontario  
Proudly partnering with  
the Kingston Rowing Club





# Day Camps *Offerings*

## **Fitness Fanatics** **Fitness Camp**



Build your strength and develop motor skills through mobility, balance, power, strength and endurance through training camp. Ground yourself and explore the benefits of functional movement training; learn to move like a ninja and balance like a crane.

## **Up and Atom** **Science Camp**



Join us for this experiential camp that promotes curiosity and discovery. Campers will develop an understanding and appreciation of science through hands on experiments related to construction and chemical reactions. Participants will enjoy a well rounded program that includes traditional camp activities.

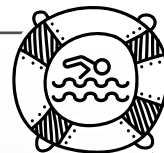
## **Leaders in Training** **Leadership Camp**



The Leader in Training program is an engaging program designed to help participants develop the skills needed to become a day camp counsellor. Sessions will include teambuilding, communication, behaviour and conflict management, among others. Graduates from the program will have the opportunity to support campers throughout the summer and earn volunteer hours and gain valuable experience.

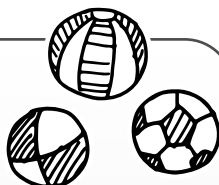
**NEW**

## **Aqua Adventures** **Swim & Activity Camp**

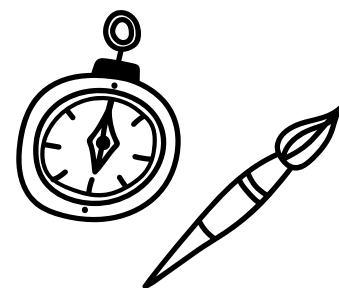


Join us in the pool this summer! The first day will include swim testing to determine each camper's level, allowing us to provide skill-based lessons for the rest of the week. Campers will build their swimming skills while enjoying plenty of fun in the pool and through backyard-style water games. The rest of each day will be filled with classic camp activities like games and crafts.

## **Y-Athlete** **Sports Camp**



Whether you are a seasoned athlete or a beginner player, if you love sports this camp is for you! Learn a variety of sports which may include basketball, soccer, and hockey. To complement this program, campers will participate in a variety of traditional camp activities.



# Brockville & Area

## *When, Where & How Much?*

### Brockville

YMCA of Eastern Ontario | Brockville, 345 Park St.

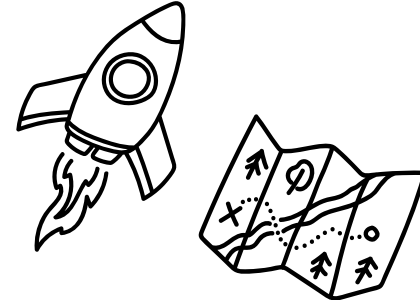
Camp	Ages	July 6-10 Week 1	July 13-17 Week 2	July 20-24 Week 3	July 27-31 Week 4	Aug 4-7* Week 5	Aug 10-14 Week 6	Aug 17-21 Week 7	Aug 24-28 Week 8
<b>The ARTisan Club</b>	6 - 9	\$245				\$196			
<b>The ARTisan Club</b>	10 - 12			\$245					
<b>Y-Athlete</b>	6 - 9			\$245					\$245
<b>Y-Athlete</b>	10 - 12		\$245					\$245	
<b>Aqua Adventures</b>	6 - 9		\$275		\$275		\$275		
<b>Aqua Adventures</b>	10 - 12	\$275							\$275
<b>Up and Atom</b>	6 - 9							\$245	
<b>Up and Atom</b>	10 - 12					\$196			
<b>Dribble &amp; Drive</b>	10 - 12				\$275		\$275		

### Kemptville

North Grenville Curling Club | Kemptville, 200 Reuben Cres.

Camp	Ages	July 6-10 Week 1	July 13-17 Week 2	July 20-24 Week 3	July 27-31 Week 4	Aug 4-7* Week 5	Aug 10-14 Week 6	Aug 17-21 Week 7	Aug 24-28 Week 8
<b>The ARTisan Club</b>	6 - 9	\$245			\$245	\$196		\$245	\$245
<b>Y-Athlete</b>	6 - 9	\$245	\$245	\$245	\$245		\$245	\$245	
<b>Y-Athlete</b>	10 - 12	\$245		\$245			\$245		\$245
<b>Fitness Fanatics</b>	10 - 12		\$245			\$196			
<b>Up and Atom</b>	6 - 9		\$245	\$245		\$196	\$245		\$245
<b>Up and Atom</b>	10 - 12				\$245			\$245	
<b>Leaders in Training</b>	13 - 16	\$245							

\*Week 5 will be a short week due to stat holiday.



# Kingston

## *When, Where & How Much?*

### Kingston

YMCA of Eastern Ontario | Kingston, 100 Wright Cres.

Camp	Ages	July 6-10 Week 1	July 13-17 Week 2	July 20-24 Week 3	July 27-31 Week 4	Aug 4-7* Week 5	Aug 10-14 Week 6	Aug 17-21 Week 7	Aug 24-28 Week 8
<b>Gear Up</b>	10 - 14					\$240			\$300
<b>The ARTisan Club</b>	6 - 9	\$245		\$245		\$196		\$245	
<b>Y-Athlete</b>	6 - 9	\$245		\$245		\$196		\$245	
<b>Y-Athlete</b>	10 - 13		\$245		\$245		\$245		
<b>Fitness Fanatics</b>	10 - 13	\$245		\$245				\$245	
<b>Bring The Beat</b>	6 - 9		\$245		\$245		\$245		\$245
<b>Up and Atom</b>	6 - 9						\$245		\$245
<b>Aqua Adventures</b>	6 - 9		\$275		\$275				
<b>Rowing Camp</b>	10 - 14		\$350	\$350	\$350		\$350	\$350	

NEW

\*Week 5 will be a short week due to stat holiday.



# Day Camps *Core Value Beads*

At Y Day Camps, we are proud of our unique Y Values Bead program where we encourage campers to demonstrate Y core values and in turn they can earn beads! Each of our Y core values are associated with a colour bead. Throughout the week, beads are awarded to campers demonstrating our core values and are worn as a constant reminder of what we value as a camp community.



## **Red Caring Bead**

Acceptance, compassion, generosity, sensitivity, and thoughtfulness.



## **Blue Honesty Bead**

Integrity, fairness, and sincerity, Being trustworthy and trustful.



## **Yellow Respect Bead**

Acknowledging the worth of yourself and others. Treating others justly.



## **Green Responsibility Bead**

Accountability for your actions, words, and obligations. The duty to do what's right.



## **Orange Inclusiveness Bead**

Being welcoming. Fostering a sense of belonging for all.

## **ADDITIONAL YMCA CAMPER BEADS**



## **White YMCA Camper Bead**

The first bead a camper gets at camp. Welcomes them to the YMCA and to Summer Day Camps.



## **Glow in the Dark Sun Safety Bead**

Demonstrating outstanding sun safe habits like wearing a hat, drinking water, and wearing sunscreen.



## **Sparkly Friendship Bead**

Campers give these beads to each other when they make a new friend at camp.