

# Kingston YMCA March Break 2020

*The YMCA of Eastern Ontario in Kingston offers two streams of care for your child during March Break – YMCA Day Camps and Extended Licensed School Age Care. Whichever stream is right for you and your child, you can be sure that your child will have a safe and fun experience.*

## YMCA Day Camps **Ages 6 - 12**

YMCA camp activities are inclusive ensuring that all kids participate and have fun. Your child will have new experiences that promote physical literacy and lifelong skills. Throughout the break, children will have their pick of arts and crafts, sports, and cooperative games that enhance social and leadership skills. Children will also enjoy swimming. Youth rec camps are led by YMCA camp counsellors who have First Aid and CPR certifications.

**MON  
16**

### **Full STEAM Ahead!**

Get ready for a day at the YMCA, jam packed with experiments, structure building, crafts, games and even a swim in our pool! You will be amazed at how much fun we can pack into a single day!

**TUE  
17**

### **Ninja Warrior Training**

Have you always wanted the strength, knowledge and mindfulness of a ninja? We will be using our new rig to strengthen our bodies and have an endless amount of fun! Come train with us!

**WED  
18**

### **Outside the Lines**

Let your creativity flow! Spend a full day creating your wildest dreams, crafting DIY projects, playing games, and taking a swim in the pool!

**THU  
19**

### **Sportacular**

Try every sport under the sun all in one day! Soccer, basketball, dodgeball, badminton, swimming! There is nothing you can't do here at the Y!

**FRI  
20**

### **Chill Zone**

Wind down your March Break adventure with a day full of relaxing. Take a leisurely swim, make new friends, play games, create crafts and unwind. There is no better way to hit refresh.

## Camp Checklist

- a nut-free lunch & two snacks
- refillable water bottle
- outdoor clothes
- indoor shoes
- a bathing suit and towel

### **Hours**

7:30am - 5:30pm

### **Fees**

\$40 for members  
\$42 for non-members



Visit [eo.ymca.ca/register](https://eo.ymca.ca/register) to register online.

For information, contact member services at 613-546-2647.

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## Extended Licensed School Age Care **Ages 3.8-12**

Extended Licensed School Age Care (ELSAC) is an extension of our licensed before- and after- school program that involves play-based activities that are carefully planned to reflect the experiences, needs and interests of the children. Children will enjoy a swim, as well as weekly field trips or special guests. All ELSAC locations are staffed by staff who have an Early Childhood Education diploma or equivalent.

### Locations offered:

Kingston YMCA  
100 Wright Cres

St Marguerite Bourgeoys  
355 Waterloo Dr

St John A MacDonald  
529 St Martha St

MON  
16

### Winter Wonderland

Come join us in our winter wonderland with crafts games and outside snowman building (weather permitting).

TUE  
17

### St Paddy's Day

It's all the luck of the Irish as the children dress in green and gear up for some Irish fun!

WED  
18

### Sports Day

Allow your child to show their team spirit as they represent their favourite sports team as they participate in exciting games and challenges.

THU  
19

### Science Day

Get ready to get messy as your child channels their inner mad scientist.

FRI  
20

### Crazy Hair PJ Day

Come dressed in your favourite pajamas with your craziest hair, and be ready to have a warm and cozy day filled with exciting games and activities.

## Camp Checklist

- a nut-free lunch & two snacks
- refillable water bottle
- outdoor clothes
- indoor shoes
- a bathing suit and towel

### Hours

7:30am - 5:30pm

### Fees

\$42 for members  
\$44 for non-members

### Important note

Please note that online registration only reserves a spot for your child. Visit member services to complete required forms either before March Break or set aside extra time to do so on the morning that camp begins.

For information, contact Stefanie Powers at 613-546-2647 ext. 237 or [stefanie\\_powers@kingston.ymca.ca](mailto:stefanie_powers@kingston.ymca.ca)